

Exam. Code : 304602

Subject Code : 7488

P.G. Diploma in Cosmetology 2nd Semester

YOGA AND SALON MANAGEMENT

Paper—I

Time Allowed—3 Hours] [Maximum Marks—50

Note :— There are *eight* questions, attempt any *five*.

All questions carry equal marks.

1. What is Yoga ? Write its components also.
2. How to stay healthy by Ashtanga Yoga ?
3. What is the importance of water to the hair and skin ?
4. What are the anti-cellulite diets ?
5. Write short notes on :
 - (a) Balanced diet
 - (b) Advertising
 - (c) Types of employment
 - (d) Appointment book in salon.
6. Describe the methods you can adopt to build a clientele. Which one is the best and why ?
7. Discuss the different methods of Sterilization.
8. Why are professional ethics important in the salon ?